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Age 65

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Delivering Breakfast and Lunch to Newark Special Needs Students



Our kids need all our resources.







COVID Testing Weequahic Park

I was exposed to the virus. I fought to get tested. I applied through the county and waited. My test came back negative after 3 weeks of quarantine and pretty severe respiratory symptoms. Im scared I can get it again









Feeding Our Students

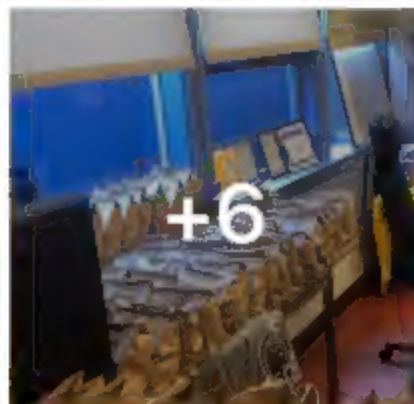
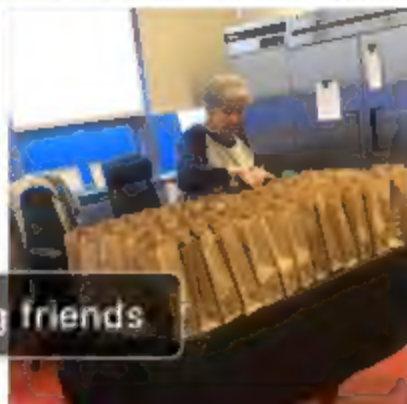








FEDCAP DELIVERS SCHOOL LUNCHES AND WORK PACKETS





THE HEADACHE IS BACK. I share this because WE REALLY DO NOT KNOW. Can we get it again? How long till it truly sheds? If you are blessed or lucky enough not to have CoVid19 you have no idea what the night terrors are. Having 2 people you love right downstairs and everyone is too sick to cook. So I listened through a locked door for movement. Only to hear coughing and wheezing sounds. Constantly taking my temperature waiting for a spike that never happened but knowing there was this germ raging through me. And nobody could really help 24/7 whether you had ppl to call-and I did. But what for? Going to hospital is practically a death sentence or they turn you away because you are not bad enough. So yeah. Having the headache return and learning 4 more people I knew succumbed to this beast of a virus really scares me. And I wish you read this and it scares you too. Scares you into not going out. Wearing a mask. Washing your hands. GETTING A FUCKING TEST. They are out there. You gotta want one. And wait for the appointment. I get my results back Friday. Or by by Friday. Nobody really knows. Please be safe. This is not over yet. I pray for NEWARK. The city I love.

Sent from my iPhone